

# SALT AND LEMON

## FOOD AND DRINKS MENU DURING LOADSHEDDING

PLEASE TAKE NOTE THE FOLLOWING:

PLEASE ADVISE US OF ANY FOOD ALLERGIES OR INTOLERANCES

10% SERVICE CHARGE MAY BE ADDED TO TABLES OF 6 OR MORE



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## STARTERS

### MUSSELS - 85

Creamy garlic white wine sauce & ciabatta dipping roll

### PRAWNS & ASIAN SLAW - 85

3 grilled prawns, Chinese cabbage, red cabbage, carrots, dragon aioli, toasted almond flakes & sesame seeds

### CALAMARI RINGS - 85

Grilled, tartar sauce & micro salad

### CALAMARI PATAGONIA - 95

Grilled, tartar sauce & micro salad

## POKE BOWL

Sticky sushi rice, edamame beans, cucumber, pickled ginger, pickled red onion, red cabbage, julienne carrots, sesame seeds & teriyaki sauce

CHOICE OF ONE OF THE FOLLOWING TOPPINGS:

### BRINED TOFU - 115

nori dust & ponzu mayo

### PRAWN - 165

6 deshelled grilled queen prawns & dragon aioli

### SEARED TUNA - 195

sesame crusted, nori dust, wakame dressing & ponzu mayo

## SALADS

### FRESH GARDEN SALAD - 65

Garden leaves, red cabbage, julienne carrots, cucumber, tomato, pickled onions, olives, pumpkin seeds & dressing

### CAJUN CHICKEN CAESAR SALAD - 85

Baby cos, hens' egg, parmesan, garlic croutons, crispy onion bits & Caesar dressing

## MEAT

ALL SERVED WITH FRIES

### BEEF BURGER - 145

BBQ sauce, cheese, garnish & served with a choice of cheese, mushroom or pepper sauce

### KOREAN CHICKEN BURGER - 145

Grilled chicken, coriander cucumber, Asian slaw, teriyaki & jalapeno aioli

### CHICKEN BREAST FILLET - 99

Grilled & served with a choice of cheese, pepper or mushroom sauce

### FILLET STEAK 200g - 245

Served with a choice of cheese, pepper or mushroom sauce

VEGETARIAN OPTION:

### NAKED LEAF BURGER - 125

Vegan burger patty, BBQ sauce, garnish & served with a choice of cheese, pepper or mushroom sauce.

Leave off all sauces to make it VEGAN



## SEAFOOD

SERVED WITH A SIDE WHERE APPLICABLE, SEE BELOW

### HAKE - 135

Grilled, tartar sauce & side dish

### TANDOORI KINGKLIP - 195

Tandoori butter, pineapple harissa, raita & side dish

### SEARED TUNA STEAK - 245

Sesame crusted, Asian glaze, wakame dressing, nori dust, ponzu mayo & side dish

### MUSSELS - 185

Creamy garlic white wine sauce & ciabatta dipping roll

### CALAMARI RINGS - 185

Grilled, tartar sauce & side dish

### CALAMARI PATAGONIA - 195

Grilled, tartar sauce & side dish

### SEAFOOD PAELLA - 195

Mussels & chicken sauteed in spiced rice, topped with 3 queen prawns & grilled Patagonia calamari

### GRILLED QUEEN PRAWNS

Lemon garlic butter & side dish

6 PRAWNS - 155

9 PRAWNS - 215

12 PRAWNS - 255

EACH (add on only) - 30

### PRAWN POMODORO LINGUINE - 195

Linguine tossed in basil, garlic, chili & prawn meat, served on pomodoro sauce, topped with 3 lemon garlic butter grilled queen prawns

## SIDES

### SAVOURY RICE - 55

Spiced rice with sauteed onions & peppers

### GARDEN SALAD - 55

Garden leaves, red cabbage, julienne carrots, cucumber, tomato, pickled onions, olives, pumpkin seeds & dressing

### ROOT VEGETABLES - 55

Beets, butternut, charred onion, cous cous, pumpkin seeds & balsamic glaze

### ASIAN SLAW - 55

Chinese cabbage, red cabbage, carrots, dragon aioli, toasted almond flakes & sesame seeds

## SAUCES & DIPS

CHEESE / MUSHROOM / PEPPER SAUCE  
35

BBQ, PERI-PERI, JALAPENO AIOLI,  
DRAGON AIOLI, WAKAME DRESSING,  
TERIYAKI, TARTAR  
15

PLEASE ASK YOUR WAITER  
ABOUT OUR CHEF'S  
BLACKBOARD FOR SEASONAL  
SPECIALS



## COMBOS

### HAKE & RINGS COMBO - 195

Grilled hake, grilled calamari rings, tartar sauce & rice

### HAKE & PATAGONIA COMBO - 215

Grilled hake, grilled calamari Patagonia, tartar sauce & rice

### PRAWNS & PATAGONIA COMBO - 225

6 grilled queen prawns, grilled calamari Patagonia, tartar sauce & rice

## PLATTERS

### PIRATE'S PLATTER - 275

Grilled hake, 6 grilled queen prawns, grilled calamari rings, tartar sauce & rice

### LUXURY PLATTER - 365

2 grilled hake, 12 grilled queen prawns, grilled calamari rings, mussels,  
tartar sauce & rice

### CAPTAIN'S PLATTER - 595

2 grilled hake, 18 grilled queen prawns, grilled calamari rings, grilled calamari  
Patagonia, double mussels, tartar sauce & double rice

## DESSERT

### OFF-THE-HOOK ICE CREAM - 65

Flavour of the week

### DARK CHOCOLATE MOUSSE SEMIFREDDO - 75

White chocolate snow, chocolate truffle ball, wafer stick

### EXOTIC CHEESECAKE - 75

Flavour of the week





# DRINKS

Carafe 250ml / Bottle 750ml

## SPARKLING WINE / MCC

|                                  |        |
|----------------------------------|--------|
| Groote Post MCC Brut             | 365    |
| Groote Post MCC Brut Rose        | 365    |
| Durbanville Hills Sparkling Wine | 70/200 |

## WHITE WINES

|                                   |        |
|-----------------------------------|--------|
| Cape Town Wine Co Sauvignon Blanc | 45/135 |
| Durbanville Hills Sauvignon Blanc | 170    |
| Tokara Sauvignon Blanc            | 215    |
| Groote Post Chenin                | 65/190 |
| Cape Town Wine Co Chardonnay      | 45/135 |
| Paul Cluver Village Chardonnay    | 260    |

## BEERS & CIDERS

|                          |    |
|--------------------------|----|
| Amstel                   | 33 |
| Black Label              | 29 |
| Castle Lager             | 29 |
| Castle Lite              | 29 |
| Heineken                 | 33 |
| Heineken Zero            | 33 |
| Stella Artois            | 37 |
| Windhoek Lager           | 28 |
| Windhoek Draught (440ml) | 40 |
| CBC Amber Weiss (440ml)  | 55 |
| CBC Lager                | 50 |
| Jack Black Lager         | 40 |
| Hunters Dry              | 35 |
| Savanna Dry              | 35 |
| Savanna Lite             | 35 |

Carafe 250ml / Bottle 750ml

## ROSE WINES

|                        |        |
|------------------------|--------|
| Cape Town Wine Co Rose | 45/135 |
| Buitenverwachting Rose | 155    |
| De Grendel Rose        | 56/170 |

## RED WINES

|                             |        |
|-----------------------------|--------|
| Cape Town Wine Co Red Blend | 45/135 |
| Groote Post Old Mans Blend  | 190    |
| Alto Rouge                  | 220    |
| Cape Town Wine Co Shiraz    | 135    |
| Anura Cabernet Sauvignon    | 220    |
| Ken Forrester Petit Merlot  | 56/170 |

## SPIRITS & LIQUEURS

|                            |    |
|----------------------------|----|
| J&B                        | 27 |
| Bells                      | 27 |
| Jack Daniels               | 34 |
| Jameson                    | 34 |
| Johnnie Walker Red         | 30 |
| Johnnie Walker Black       | 40 |
| Captian Morgan Dark Rum    | 27 |
| Captain Morgan Spiced Gold | 27 |
| Malibu                     | 20 |
| Gordons Gin                | 25 |
| Gin Society Dry            | 34 |
| Gin Society Blood Orange   | 34 |
| Vodka                      | 25 |
| Richelieu                  | 27 |
| Klipdrift                  | 27 |
| Tequila                    | 30 |
| Jagermeister               | 30 |
| Amarula                    | 25 |
| Kahlua                     | 27 |
| Frangelico                 | 27 |



# DRINKS

## COLD DRINKS

|                            |         |
|----------------------------|---------|
| Sparkling Water 500ml / 1L | 20 / 32 |
| Still Water 500ml / 1L     | 20 / 32 |
| Coke                       | 25      |
| Coke Lite                  | 28      |
| Sprite                     | 25      |
| Sprite Zero                | 28      |
| Fanta                      | 25      |
| Creame Soda                | 25      |
| Iced Tea Lemon / Peach     | 27      |
| Appletiser                 | 27      |
| Grapetiser Red             | 27      |
| Soda Water                 | 21      |
| Lemonade                   | 21      |
| Dry Lemon                  | 21      |
| Gingerale                  | 21      |
| Tonic                      | 21      |
| Pink Tonic                 | 21      |

## SPECIALS

### HAKE & CHEESECAKE

R150

### HAPPY HOUR

Selected drinks discounted

Monday - Saturday

4pm - 6pm

### MIMOSA

1 for R45

2 for R80

## INTIMATE VENUE HIRE

No venue charge.

Tailor-made to fit your budget

## FOLLOW OUR SOCIAL MEDIA

Instagram:

**@saltandlemoncpt**

Facebook:

**Salt & Lemon Pinelands**

## BOOKINGS

reservations@saltandlemon.capetown

021 879 6061

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You can also find us on Dineplan to see current specials, menus, social events & to make a bookings